



DR. LEATRICE R. BROOKS, LP

SPEAKER | EXECUTIVE COACH | PSYCHOLOGIST

 @DrLeatrice

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 @DrLeatriceB

 /in/DrLeatrice

Positioning Organizations to Maximize Productivity, Master Collaboration and Teamwork, and Retain High Achievers.

Great Things Happen When You're *Present*.

Speaker, Executive Coach, Licensed Psychologist and successful entrepreneur and businesswoman, Dr. Leatrice R. Brooks, LP has been told she has a unique way of "holding people's feet to the fire" to inspire growth.

While serious about her content, Dr. Leatrice is naturally funny and witty which adds an unexpected dimension to her work. She is surprisingly relatable and personable in ways that make concepts amazingly easy to digest and apply. Outstandingly passionate about the growth and development of others, Dr. Leatrice's heart is evidenced in her dedication to reaching and sharing her gifts with more people.

TRUSTED CLIENTS:



"Dr. Leatrice is a powerful presenter who easily captivates her audience. Her concepts are easy to remember and presented in ways that make them simple to apply. She gets personal, is easy to relate to, and just real. Her incorporation of how to be present throughout her program was a helpful, much needed reminder.

Dr. Leatrice is clearly a professional speaker who is passionate about ensuring her audience is equipped to move to the next level. The standing ovation was well deserved."

- Mimi Brown, CSP
CERTIFIED SPEAKING PROFESSIONAL, AUTHOR



Why Presence?

As high achievers, our identity as individuals often gets lost in the shuffle of responsibilities and demands. We all know this comes with a cost to people and important relationships, happiness, joy, and health. When we are present we do our best work! Presence allows you to:

- Extract and value more in your life
- Experience greater life fulfillment for yourself and everyone you encounter
- Stay connected to your true identity - the person you truly want to be but does not always show up.

Make a conscious decision to be present and stay present. Let's work together to learn and experience The POWER in Presence!

P.O.W.E.R. Keynotes

PRESENT Are You In The Room? Staying Present In a Demanding Life

- Outcomes:
- ✓ Consistently experience life's memorable moments
 - ✓ Deepen important and valuable relationships
 - ✓ Achieve stronger work life balance

OPEN I'm Sorry, What Was That? Effective Collaboration Through Openness

- Outcomes:
- ✓ Strengthen relationships for stronger outcomes
 - ✓ Establish culture of collaboration and cooperation
 - ✓ Inspire, build, grow, facilitate creativity in others

WILLFUL Make It Happen Every Time: Will You Way Through Your Day

- Outcomes:
- ✓ Avoid burn out and task avoidance
 - ✓ Consistent motivation for goal achievement
 - ✓ Produce at higher, more efficient rates

EXCEPTIONAL Be Your Best You: Remaining Exceptional in Every Situation

- Outcomes:
- ✓ Consistent and sustainable identity
 - ✓ True and genuine confidence
 - ✓ Impressionable and remarkable leadership

REAL Be Your Truth: Being Real When It Counts

- Outcomes:
- ✓ Confidence in inevitable professional conflicts
 - ✓ Hold self and others accountable to high standards
 - ✓ Continual growth and development when it's tough

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“Dr. Leatrice’s delivery of “Are You in the Room? Staying Present in a Demanding Life” was right on the mark! During her presentation, I looked around the conference room and saw that she was able to keep the attention of everyone in the room. Her life examples and easy explanation of her concepts made her presentation fun, relatable, and most importantly, educational. While we all agree that staying in the moment is something that we should do, it becomes difficult to execute in our busy lives. I have noticed that many of our staff have...within their office space as a reminder to engage and be present in the moment.”

- Jessica Ebels

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